



Naraya's Hot Spring

How to enter the hot spring



You can relax during and after bathing, so please enjoy the hot springs.
I will introduce how to take the hot spring.

First, enter the changing room.

Here, take off all your clothes, get naked, and put your clothes in a locker or a basket.

A small towel can be used to cover the body when moving from the dressing room to the bathroom.

Before bathing, be sure to wash your whole body in the washroom before entering the bath.

Please be careful when walking in the bathroom as the hot spring water makes the floor slippery.

It is recommended to do "Kakeyu" before entering the bathtub.

"Kakeyu" prevents a sudden rise in blood pressure and has the effect of acclimating the body temperature.

When you enter the bathtub, first do a "half-body bath," so you will be quietly submerged in the bathtub up to your buttocks.

After getting out of the bath, lightly wipe your body and go to the dressing room.

Please drink plenty of water after bathing and take a good rest.

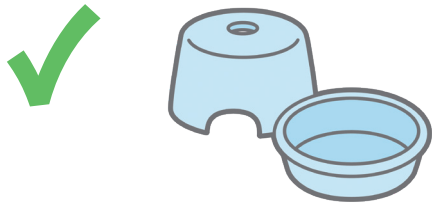
It's better not to take a bath immediately after eating or drinking alcohol.



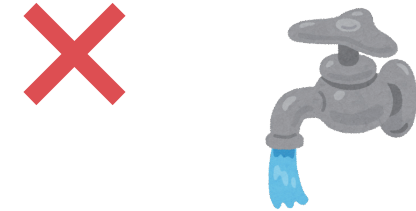
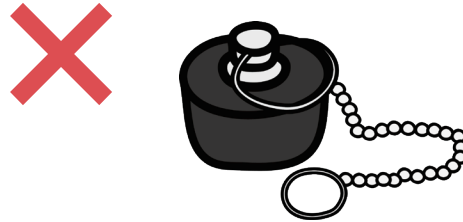


Since many customers use the hot spring, we would like to inform you of the following etiquette regarding how to use the hot springs.

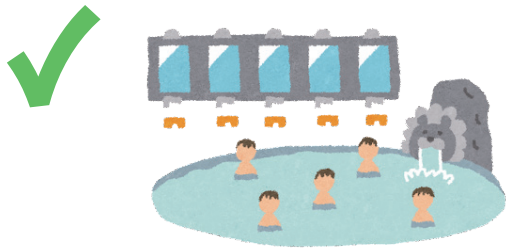
1. Please keep used chairs and washbasins in their original places.



2. Please do not remove the plug from the bathtub. 3. Please do not let the water cool down.



4. Please do not disturb other guests in the bathroom.



5. Please do not wash your body in the bathtub. (Please wash your body in the washroom)



6. Please do not put towels in the bathtub.



7. Please do not swim in the bathtub.



8. Please do not put the swimsuits on in the bathroom.



9. Please do not make noises in a loud voice.

